

# HELP AND SUPPORT AT THE OLD VIC

**‘If you speak the truth,  
you will be able to face  
whatever comes’** *A Monster Calls*

If you have been affected by any of the themes in this production and would like someone to speak with in confidence, the following services offering help and advice are available:

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## Macmillan Cancer Support

Macmillan Cancer Support is one of the largest British charities, providing specialist health care, information and financial support to people affected by cancer.  
**0808 808 00 00**  
[macmillan.org.uk](http://macmillan.org.uk)

## Marie Curie

Marie Curie is a registered charity that provides care and support for people living with any terminal illness, and their families.  
**0800 090 2309**  
[mariecurie.org.uk](http://mariecurie.org.uk)

## Mind

Mind offers information and advice to people with mental health problems and lobbies government and local authorities on their behalf.  
**0300 123 3393**  
[mind.org.uk](http://mind.org.uk)

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## Samaritans

Samaritans is a registered charity aimed at providing support to anyone in emotional distress, struggling to cope, or at risk of suicide throughout the UK and in Ireland.  
**116 123**  
[samaritans.org](http://samaritans.org)

## Childline

Childline is a counselling service for children and young people up to the age of 19 that deals with any issues that cause personal distress or concern.  
**0800 1111**  
[childline.org.uk](http://childline.org.uk)

## Child Bereavement UK

Child Bereavement UK supports families and educates professionals when a baby or child of any age dies or is dying, or when a child is facing bereavement.  
**0800 02 888 40**  
[childbereavement.org](http://childbereavement.org)